

**IMMACULATE CONCEPTION PARISH**  
**CONFIRMATION SERVICE HOURS: 2020-2021**



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**NAME:** \_\_\_\_\_

**CATECHIST:** \_\_\_\_\_

October, 2020

Dear Middle School parents and students,

We have all had to meet many challenges in this year of the Covid 19 pandemic. One of the most important thing that we have all had to do is to safeguard the health of everyone we come in contact with and because of this, I am making necessary changes on how we will do service hours this school year.

Service to others is an essential part of being a Catholic Christian. It is the way we live out our faith. It is the action that we saw Jesus take when He saw anyone in need of his mercy and compassion. At Baptism we all took on that same challenge: to live as Jesus did. In all of the stories about Jesus we see Him show kindness and healing to others.

The Catholic Church asks us to do this by serving others through acts known as the Corporal and Spiritual Works of Mercy. Corporal means helping others with the needs of the body, such as feeding the hungry and Spiritual refers to helping them in areas such as praying for others or by forgiving someone who may have hurt you.

For this year, we will have one theme a month that can be performed to give Christian service to others. This service may be done as many times as possible. There is not numbers of good actions that can be done.

On the following pages you will find a list of the monthly themes. Students may perform these acts of charity at any time of the school year but it would be a good idea to follow the schedule as well. Please do these acts of kindness safely and always record them and share them with your teacher/catechist.

God bless you,

Mrs. Josephine Bastianoni, DRE Grades 6,7 and 8

## Corporal and Spiritual Monthly Themes

### OCTOBER:

***Feed the hungry.*** For example, prepare a meal for someone who is busy or unable to prepare a meal. Donate from your own money to a charity or food pantry. Share some of your dessert with a brother or sister.

***Instruct the ignorant.*** If you are good at something, be willing to teach that skill to others or just as you learn by example, so do others- be a good example.

### NOVEMBER:

***Give drink to the thirsty.*** For example, do not waste water. Remember to turn off the water faucet when you are brushing your teeth or take a shorter shower.

***Do no judge others.*** For example, Be supportive in helping others. We all make mistakes. Help others to learn good behavior and always help others to make good choices in their lives.

### DECEMBER:

***Share with the poor.*** For example, Christmas is a time to give as well as receive. Ask for less expensive gifts this season and donate to a charity that helps other families who have less. Donate you good and warm clothing to St. Vincent DePaul Society. Or give money to the bell ringer for Salvation Army when you leave a store. Thank you parents who provide all the good things in your life by doing something for them...helping to prepare to for Christmas. Buy or make a gift for your parents.

***Be patient to those who hurt or frustrate you.*** For example, It's easy to become angry with people who hurt you- take a few deep breaths, pray the Our Father and ask God to give you patience. Be kind to make mistakes. Don't be mean back.

## **JANUARY:**

***Comfort the Sick.*** For example, Make cards for the elderly, the sick, or someone who is undergoing surgery. Make a “care package” for someone who is sick, including your brother, sister, or other family member. Make a phone call to your grandparents and ask how they are feeling. Shovel snow for someone.

***Give hope to someone who is not happy.*** For example, listen to someone who need to talk about something that is bothering them, Write an email to someone who is feeling sad. Do things that make another person happy. Remember that a few moments of your day can make a difference to someone else’s life if you given them some of your time and energy.

## **FEBRUARY:**

***Be grateful.*** For example, say thank you to your parents, a brother or sister, or anyone who does something for you. Make a list of what you are grateful for each day of the month and thank God for all of the good things in your life.

***Pray for people who cannot get out of their houses.*** For example, say a prayer for people in the hospital, who are quarantined, or in prison. Pray for people who are isolated or cannot get together with others because they lack transportation. Pray for people who do not have access to email or other social media.

## **MARCH:**

***Pray for people who are going through hard times.*** For example, pray for someone who has lost a family member or who has lost a job. Pray for friends who are having trouble with school and encourage them.

***Pray for the living and the dead.*** For example, create a list or a “Prayer jar or box” and put the names of those who you will pray for every day. Pray for yourself and your family and friends. Put their names in the box or jar.

## **April :**

***Enjoy and thank God for Creation.*** For example, plant a garden and share the produce with others. Be responsible for the care of the God’s creatures. Feed your pets, walk your dog or a neighbor’s pet.

